

PAARL BOULDER GUIDE

SECOND EDITION JULY 2010



Eben Basson on Four-eyed Funulator

How to get there:

Make your way to the Paarl Mountain Nature Reserve (where the two big granite domes above Paarl are). The bouldering is on the obvious slope leading from the picnic/braai area up to Paarl Rock.

- Ø **DO NOT LITTER** – Carry out what you carried in.
- Ø **DO NOT DESTROY VEGETATION** – No more explanation needed.
- Ø **BRUSH OFF CHALK AND TICKS** – Please, you have no excuse not to. Unsanitary chalk and tick marks might just be enough reason for bouldering to be denied in this area.
- Ø **BE SAFE** – This is highball country. Make sure you can get off a boulder before getting on it.
- Ø **RESPECT THE OFFICIALS** – In the rare event that you get approached by an official, please adhere to their requests. It all comes down to not compromising access.

Guide Key

SD	-	Sit-down start
SS	-	Stand start
TO	-	Top out
L	-	Left
R	-	Right
BH	-	Both Hands

OVERVIEW MAP

Down the slope ↑



BOULDER A



Jack the Stripper 6C

N. Mostert 2008

SD on good shelf hold, move straight up to crimpers and TO

BOULDER B



1. Sashimi 7A

N. Mostert 2008

SD on crimps, climb straight up to TO. Use holds on face only

2. The Sweetest Thing 6A

N. Mostert 2008

SD on shelf hold for R and layback for L under small roof, climb out and up. Big knob hold on R is off

BOULDER C



1. Killer Tomatoes Eat France 6A+

N. Mostert 2008

SD on L of dead tree stump, find holds in diagonal seam to start off, climb straight up to TO

2. Achtung! 6A

N. Mostert 2008

SS on small crimps, straight up to TO

3. Open Project

SD on U-shaped hold, head R and up

BOULDERS D (1)



1. Myotonia 6C+

C. Hopkins 2009

SS in the middle of the face, climb straight up

2. Fainting Goat 5+

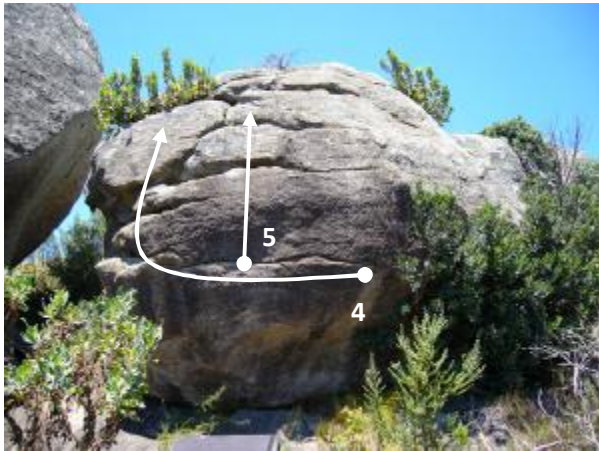
N. Mostert 2008

SD on large hold R of the arête, climb to TO staying R of the arête

3. Open Project

Climb the face

BOULDERS D (2)



4. Chronic Breakfast Skunk 7A

N. Mostert 2008

Find crimps in the rail, do big pull to good hold in next rail, TO

5. Skunk Fu 7A

C. Hopkins 2009

Start on crimps in far R in rail, traverse L to big jugs and TO

BOULDER E



Open Project

SS, climb the huge arete

BOULDER F



1. Mediocracy 6A

N. Mostert 2008

SS, Climb the crack

2. Formulation 6B

N. Mostert 2008

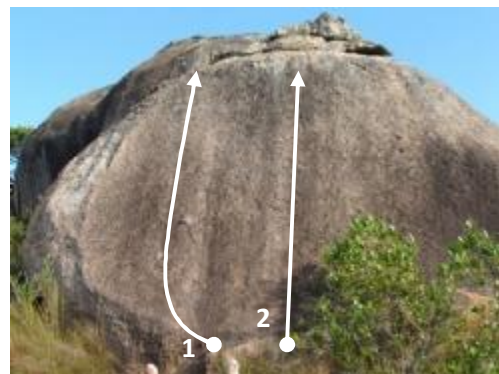
SS, Climb the cracks

3. Fertile Myrtle 6B+

N. Mostert 2008

SS, Climb the shallow crack system. Mind the tree!

BOULDER G



1. My Hump 7A+

N. Mostert 2008

SS on good rail, head slightly L and up via hump. Arete is off

2. Open Project

Stand up on good rail, head straight up middle of slab

BOULDER H



Open Project
Climb the arete

BOULDER I



CAUTION! There is no easy way off this boulder

- 1. Holy Purple Cannibals Batman! 6C+**
N. Mostert 2008
SS directly below a roundish white patch of lichen near the top of the face, head straight up
- 2. Holy Bouncing Boilerplates Batman! 7B**
N. Mostert 2008
SS just L of small tree on vertical sloper hold for RH and small sloper for L, climb straight up

BOULDER J



- 1. Open Project**
SD on good layback, climb the face
- 2. Crap 7A+**
M. Kastner 2010
SS, jump to painful gaston, TO
- 3. Abflug 7B+**
M. Kastner 2010
SS on arête, climb slightly L and up

BOULDER K (1)



- 1. Rock Steady 7A**
N. Mostert 2008
SD, climb the L crack using only the holds in this crack. Yes, it's an eliminate
- 2. Bebop 6B+**
N. Mostert 2008
SD, climb the crack to the L and follow it to TO. No shortcuts
- 3. Be Steady 6A+**
N. Mostert 2008
SS as for 1 and head straight up

BOULDER K (2)



4. Never Trust a Woman 6A

N. Mostert 2008

SS, climb the crack to TO

5. Ever 6A+

N. Mostert 2008

SS in the RH side crack, climb up to where it thins out and continue as for 1 to TO

BOULDER L



Daddy's Little Defect 6A

N. Mostert 2008

SD with L on small diagonal crack and R on knob, move slightly L and then up to TO

BOULDER M



1. Wrinkled Egg 7A+

M. Kastner 2010

SS at vertical crack, climb up via sharp vertical crimp

2. Night Shift 7A

M. Kastner 2010

SS, climb the vertical cracks to TO

BOULDER N

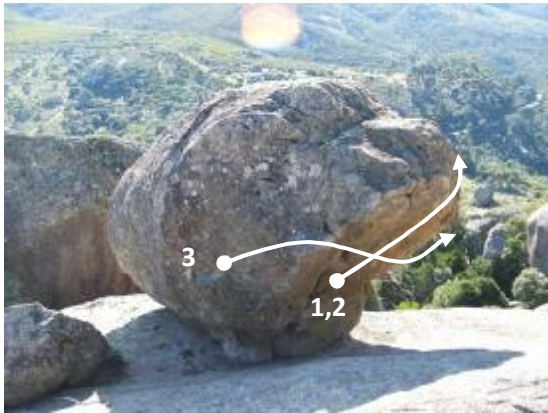


Sky City 6B

N. Mostert 2008

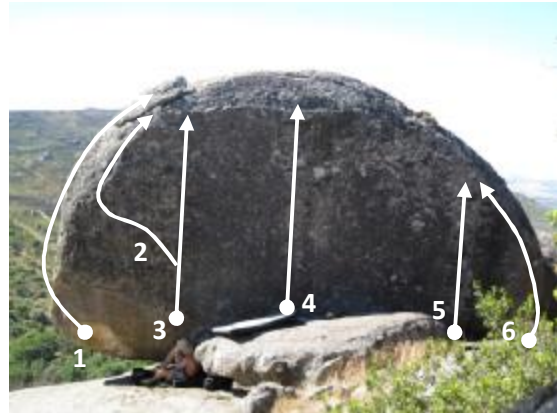
SS just R of flake in front of boulder, head straight up high face. There's a bail-out to the L about 2/3ds of the way up at about 6A

BOULDER O



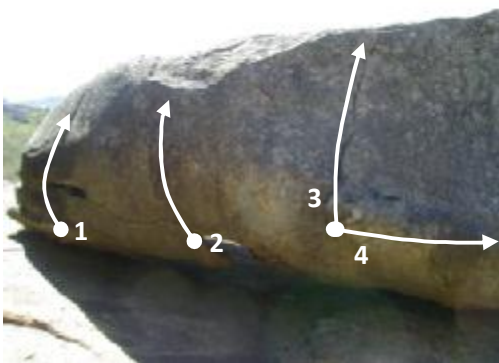
1. **Reach for a Scream 6A** *N. Mostert 2008*
SD on the big jug, pull straight through to lip of boulder
2. **Turn it Down a Notch 5** *N. Mostert 2008*
SD on the big jug, use the large hold up on the L and pull through to lip
3. **Bond 6B** *N. Mostert 2008*
SD on a small rail, pull up to another one, climb to the R staying under the boulder lip and TO on the R side

BOULDER P



1. **Dork 6C** *N. Mostert 2008*
SD on good incut, up to rail, climb arête
2. **Hot Rod 6C** *P. Olivier 2009*
SD on large flake, move up then L via small holds to good side-pull for L, finish straight up
3. **Kiaan 6A** *J. Redelinghuys 2009*
Start as for 2 and head straight up
4. **Four-eyed Funulator 6B+** *N. Mostert 2008*
SS on top of the flat rock, climb straight up
5. **Silent Foot Technique 7A** *M. Renz 2010*
SS with crimp for R and side-pull crimp for L, climb straight up
6. **Nightlight 7A** *M. Renz 2010*
SD on end of boulder on crimpy rail, up to slopers, TO

BOULDERS Q (1)



1. **Bum Crack 3** *P. Olivier 2009*
SD with hands in lower hole, move up using vertical crack
2. **Lever Advantage 6C** *A. le Roux 2009*
SD with LH in undercling, RH on crimp, TO
3. **Inner Thigh Cry 5** *E. Olivier 2009*
SD on good holds, mantle using vertical crack
4. **Heavy Metal 6C** *P. Olivier 2009*
Start as for 4, traverse R to end of boulder, TO on nose

BOULDERS Q (2)



5. **King Joker 7B** *P. Olivier 2009*
SD, move up along diagonal rail, do big move L to sloped pinch and TO via crimp on lip
6. **Funky Chicken 6B+** *M. Lachenicht 2009*
SD on crimpy rail, move R and up

BOULDERS R (1)



Four Stage Rocket 7A

A le Roux 2009

SD on RH edge of rightmost hole, climb L through holes and end by climbing into last hole

BOULDERS R (2)

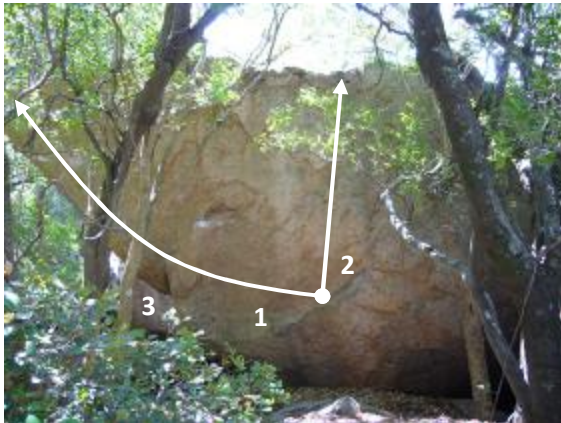


Shred the Gnarl 7A

M. Lachenicht 2009

SD on rounded hold in crack, throw to crimpy break

BOULDER S



1. Eva Green 6C

N. Mostert 2008

SD on ledge hold, traverse L and up arête. End at lip of boulder

2. Rock Paper Scissors 6B

N. Mostert 2008

SD same as 1, head straight up to TO

3. Vesper 6A+

C. Hopkins 2009

SD at lowest point on the rail around corner from Eva Green; traverse rail to arete and TO same as Eva Green

BOULDER T



Duan 7A+

J. Redelinghuys 2009

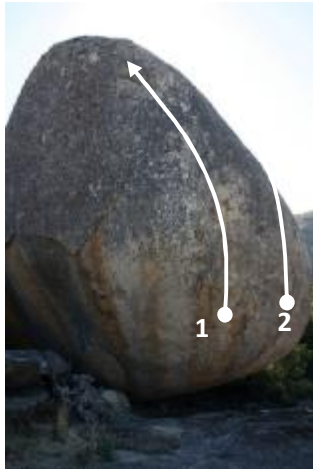
SS, climb arête to TO, keeping your body R of arete

Duan Sitstart 7B

A. le Roux 2010

SD on layback edge for R and LH on arête, climb as above

BOULDER U



- 1. Good Things Happen When Bad People Go Bouldering 6C+** *C. Hopkins 2009*
SS on edges, climb the very high boulder to TO. **Your chances of surviving a down climb are slim, a rope is probably a good idea**

Good Things Happen When Bad People Go Bouldering Sitstart 7A+ *M. Kastner 2010*
Same as above, except SD on crimp lower down

- 2. Open Project**

BOULDER V



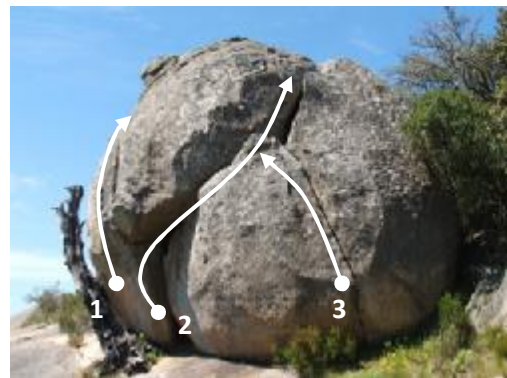
- Kwai 5**
K. Willems
SS, climb straight up

BOULDER W



- 1. Gripped 7A** *N. Mostert 2008*
SS sloper for L and arête/edge for R
Gripped Sitstart 7B+ *M. Kastner 2010*
SD gaston for R, oval feature for L
- 2. Uxbridge Road 7A** *C. Hopkins 2009*
SS on opposite side from 1 on obvious features and climb to TO
- 3. Open Project**
SS, climb vague corner to TO
- 4. Get Up, Stand Up 7B** *M. Kastner 2010*
SS, big move to edges, TO

BOULDER X



- 1. Burn Your Underpants 6B** *J. Redelinghuys 2009*
SD next to burnt tree trunk, head straight up to TO
- 2. Sliced 5+** *N. Mostert 2008*
SS, climb the crack heading R
- 3. No Bull 6A** *N. Mostert 2008*
SD, climb the crack to TO

BOULDERS Y (1)



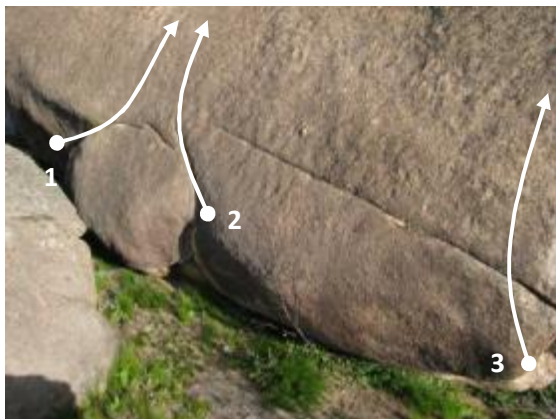
- 1. Unagi 6A**
N. Mostert 2008
SD on underclings, up to crimps and TO
- 2. 1L Brandy, 2L Coke, 3L Ford (was) 7A+**
N. Mostert 2009
Start as for 1, climb L and TO via large protruding sloper. Foothold broke, needs to be re-climbed and –graded

BOULDERS Y (2)



- 1. Hips Don't Lie 6B**
N. Mostert 2008
SD, climb the crack to where it meets the diagonal crack coming from the L
- 2. Funkmaster 3000 6B+**
N. Mostert 2008
SD, climb the curving diagonal rail to the L to meet up with 1.

BOULDERS Z (1)



- 1. Whale Wart 5C**
M. Lachenicht 2009
SD, climb up L side of wart, then slab to TO
- 2. Open Project**
- 3. Open Project**

BOULDERS Z (2)



Open Project

BOULDERS Z (3)



1. Meridian 7A

P. Olivier 2009

SD, follow crack to TO on L

2. Apex 6B+

P. Olivier 2009

SD same as 1, climb straight up

BOULDERS Z (4)



Up Your Crack 5A

M. Lachenicht 2009

SD, climb horizontal cracks to TO

BOULDERS Z (5)



Open Project

BOULDERS Z (6)



Dinner for One 5A

M. Lachenicht 2009

SD, move R to dinner plate hold, TO

BOULDERS Z (7)



The Gem 6A

M. Lachenicht 2009

SD, climb layback crack

BOULDERS AA (1)



1. Crumble and Thumble 5B

P. Olivier 2009

SS, climb very chossy face...Not Recommended

2. Jumper Cables 6B

P. Olivier 2009

SS on slab, balance on loose(ish) flakes with feet, jump to rail, traverse R until clear of tree, TO

BOULDERS AA (2)



1. Matt's Problem 6A

M. Lachenicht 2009

SS, hands in good horizontal crack, up via vertical crack to TO

2. Crystal Crimp Chronicles 6C

P. Olivier 2009

SD, climb crack also using crimps on face

BOULDERS AA (3)

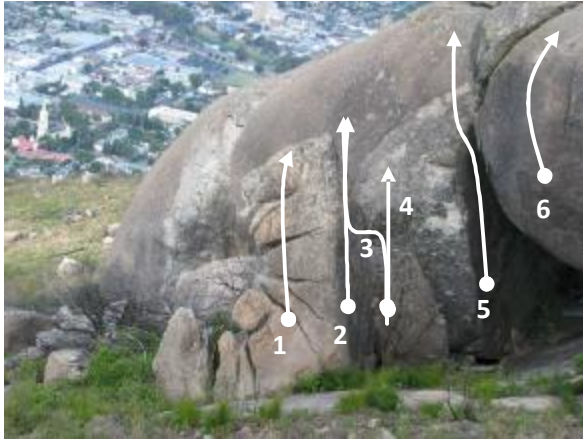


Anything for a Photo 4

P. Olivier 2009

SS, climb face using good holds

BOULDERS BB (1)



1. The Boot 2

P. Olivier 2009

SD, climb the face

2. Boot Dacious 6A+

M. Lachenicht 2009

SD, climb the arête

3. Boot Delicious 6B

P. Olivier 2009

SD on undercling and side-pull, up to tiny crack, move L to join 2

4. Boots and All 6B+

M. Lachenicht 2009

SD as for 3, up to tiny crack, move up and R to slopers on arête, TO

5. If the Boot Fits 6A+

M. Lachenicht 2009

SD. Beware big flake! TO

6. Open Project

FOR MORE...

GO CLIMBING AND SEND ANY INFO ON NEW

PROBLEMS TO niel.mostert@gmail.com